

# COVID PROTOCOLS



**ALL GUIDELINES WILL GO INTO EFFECT UNTIL FURTHER NOTICE.**

**AS GOVERNMENT GUIDELINES EVOLVE OUR PROTOCOLS WILL ADJUST ACCORDINGLY.**

## UPDATES

- ◆ **A mask must be worn at all times.** Masks are required for all students, parents, and staff throughout the entirety of the program unless you are unable to comply due to a documented disability.
- ◆ **Mask Safety**
  - Instructors will help students acclimate to wearing a mask when exercising. Instructors will be actively watching the dancers and allow for a few minutes each class to step out of the studio, social distance, and remove the mask for a few minutes if needed.
  - Students should bring at least three clean masks to the studio so they can be switched out when wet from sweat or breathing.
  - Cloth masks must preferably have layers. Bandanas, handkerchiefs, fleece balaclavas, and neck gaiters are not acceptable masks.
  - Masks should be clearly marked with the child's name and clearly distinguish which side of the covering should be worn facing outwards, so they are worn properly each day.
  - Masks should be washed frequently.
  - Everyone is required to bring their own face coverings and wear inside at all times, including during dance class.
- ◆ **Positive Exposures**
  - If your dancer has been exposed to a positive case (for example in school classes, family members, etc.) we will have your dancer participate in Zoom classes for 14 days from the exposure date. This should align with the quarantine days your school is requiring.
  - If you provide us with negative test results you may have your dancer return to class(es). *\*\*Rapid tests tend to be less accurate than the regular tests. Be sure to consult with the test center for detailed information.*
- ◆ **What happens if a dancer/instructor has a confirmed case?**
  - We will contact all classes the dancer/instructor has participated in.
  - The entire studio will immediately go to Zoom classes to be disinfected and all students will begin virtual classes immediately and continue virtually until reopening.
  - Kadee's Tumbleweed will notify the Board of Health, and the family must contact their Primary Care Physician for medical advice and guidance.
  - We will respect the privacy and confidentiality of any student or staff member who reports an illness. We will inform others of an infected individual but will do so without identifying the individual by name.

## HEALTH SURVEY – *Please conduct this survey with your dancer prior to attending class*

According to the CDC "People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- |   |                              |                            |
|---|------------------------------|----------------------------|
| ● Fever or chills                             | ● Fatigue                    | ● Sore throat              |
| ● Cough                                       | ● Muscle or body aches       | ● Congestion or runny nose |
| ● Shortness of breath or difficulty breathing | ● Headache                   | ● Nausea or vomiting       |
|   | ● New loss of taste or smell | ● Diarrhea                 |

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19."

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

- ◆ Anyone with the above symptoms will be sent home immediately
- ◆ If your dancer has an underlying health condition, they should not attend an in-person practice

UPDATED: August 2021

- ◆ If any attendee or staff member has a positive COVID-19 test result, we will immediately advise all participants and follow all guidelines provided by the CDC and the Commonwealth of MA

#### PICK UP & DROP OFF

- ◆ Please drop off & pick up your dancer in front of our main entrance or in our main lobby
- ◆ Please park in a parking spot to avoid congestion at our entrance
- ◆ We have designated Peek Weeks for this upcoming season to reduce the amount of people in the studio. Please see our Studio Rules and Regulations for scheduled dates.

#### CHECK IN PROCESS

- ◆ Dancers will apply hand sanitizer prior to entry
  - Each dancer must have their own sanitizer with their name on it
  - We will have sanitizer available, however, there is limited supply
- ◆ Masks must be worn at all times
- ◆ Dancers must arrive in their dancewear
- ◆ Dance bags must be kept in the hallway in designated area
- ◆ Any water bottles must be labeled with your dancer's name

#### SOCIAL DISTANCING

- ◆ The number of people allowed, including staff, is limited to current government guidelines
- ◆ Dancers spacing during class will be marked on floor
- ◆ Waiting & spectator areas are closed – congregating will not be allowed inside or outside of the facilities
- ◆ Any dancer who is unable to abide by these policies will be unable to attend class in person – they will have the option to attend class via ZOOM

#### INSTRUCTORS

- ◆ Instructors will ensure they maintain the appropriate distance from students and staff
- ◆ Instructors will keep contact with dancers and tumblers to a minimum & sanitize throughout class
- ◆ Instructors will wear face masks at all times
- ◆ Lifts and partner work will be limited - if/when an instructor wants to include a lift or partnering in routines we will reach out for approval from parents for the students involved
- ◆ Anything used and high touch traffic areas will be sanitized